# Strengthening your Marriage



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Visit <u>www.faith5.org</u> for additional resources.



And you must love the LORD your God with all your heart, all your soul, all your mind, and all your strength. The second is equally important: 'Love your neighbor as yourself.' No other commandment is greater than these.

— Mark 12:30-31

## YOUR SPIRITUAL JOURNEY:

Blessings and congratulations on your marriage! Spirituality and faith are powerful dimensions of the human experience. Spiritual beliefs provide a foundation for the values and behaviors of individuals and couples. People who profess a spiritual faith do, indeed, feel their beliefs breathe life into their relationships. Couples report much higher levels of marital satisfaction and closeness than those with low spiritual agreement.

# "What's the good news?"

Jesus lived and died and rose again for you. You are forgiven. You are right with God!

### "What do I have to do to be saved?"

Nothing. Jesus did everything. It is finished. Listen and believe. Trust the promise!

# "What am I going to do now that I don't have to do anything?"

Follow Jesus!

Jesus doesn't say "go and do this and then follow me". He doesn't say, "Get your life in order, sort out your problems and stop sinning first."

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# Here is a prayer to help you begin this journey:

Dear God, we give thanks to you for our love for each other. May our home be holy ground to each other and to all who enter the place where we dwell. Help us together to care for all you have given us and to await the marriage feast that has no end.

We pray in the name of Christ. Amen.

#### **NOTES**

Ephesians 4:26-27 Ephesians 5:22-33 Ephesians 6:1-4

Philippians 4:4-8

Colossians 1:15-20 Colossians 3:12-17 Colossians 3:19

1 Thessalonians 5:11 1 Thessalonians 5:16-18 2 Thessalonians 2:16-17

1 Timothy 4:12 1Timothy 6:6-10 1Timothy 6: 17-19

2 Timothy 1:7 2 Timothy 3:16-17

Titus 2:7-8 Titus 3:4-7

Hebrews 13:4

James 1:19-22 James 5:13-16

1 Peter 2:9-10 1 Peter 5:6-7

2 Peter 1:5-7



Jesus simply says, "Follow me."

"Follow me" just as you are, not the way you're supposed to be;

"Follow me" even if you doubt and don't understanding everything;

"Follow me" even though you are a sinner with problems and faults.



God is on a mission. And he invites you to follow him and be his hands and feet for the sake of the world! Trust his promise. Respond to his call. Repent. (That means to turn around & change direction). Follow Jesus. Be his disciple. Enter the kingdom. And together let's be his witnesses! Join us on the journey of a lifetime . . .

May God strengthen you and guide you with his Holy Spirit on this great adventure as you live as a bold, daring, adventurous follower of Jesus Christ who is gathered to grow...sent to serve! AMEN

Please contact <u>Pastor Andrew</u> if you have any questions, are facing struggles or simply need to talk.

# **FAITH5™** (Faith Acts In The Home)

is a simple, easy-to-implement faith practice, perfect for incorporating into your daily routine in five to fifteen minutes a night. When done over time, FAITH5 carries the power to enrich communication, deepen understanding, aid sleep, and promote mental, physical and spiritual health. The five steps are:



**SHARE** your highs and lows



**READ** a Bible verse or story



**TALK** about how the Bible reading might relate to your highs and lows



**PRAY** for one another's highs and lows



**BLESS** one another.

John 3:3 John 3:16-18 John 4:13-15 John 6:35 John 8:12 John 10:25-30 John 11:25-27 John 13:34 John 14: 1-3 John 14:6 John 14:27 John 15:12-17 John 20:19-23

John 1:1-14





1 Corinthians 6:19-201 Corinthians 7:31 Corinthians 7:4-51 Corinthians 13:4-7

2 Corinthians 5:17

2 Corinthians 12:9

Galatians 3:27-28
Galatians 5:22-23
Galatians 6:2
Galatians 6:10
Ephesians 2:8-10
Ephesians 4:2-6

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#### **NEW TESTAMENT**

Matthew 1:20b-23

Matthew 5:3-12

Matthew 5:13-16

Matthew 5:17-20

Matthew 5:21-25

Matthew 5:27-30

Matthew 5:31-32

Matthew 5:38-42

Matthew 5:43-48

Matthew 6:9-13

Matthew 6:19-21

Matthew 6:28-30

Matthew 6:34

Matthew 7:3

Matthew 10:39

Matthew 11:3-5

Matthew 11:28-29

Matthew 19:4-6

Matthew 19:13-15

Matthew 22:37-39

Matthew 28:19-20

Mark 12:28-31a

Luke 1:47-49

Mark 16:2-7

Luke 12:22-23

Luke 16:13

Luke 24:29-32



So where do we begin? Frankly, you can start anywhere you want! But some people like to have a list of Bible passages to read. So the following is a sample...a place to begin your life long adventure reading the Bible!

#### **OLD TESTAMENT**

Genesis 1:1-3

Genesis 2:18-25

Genesis 3:8-9

Genesis 9:13-17

Genesis 12:1-5

Genesis 15:1-6, 17:3-8, 21:5-6

Genesis 22:1-3a, 6-8

Genesis 28:11-14

Genesis 37:3-4, 23-24, 28, 34-35, 50:20a

Exodus 3:1-13

Exodus 12:3-13

Exodus 15:1-12

Exodus 20:2-3

**Exodus 20:12** 

Exodus 33:14

Leviticus 18:2

Leviticus 19:2

Leviticus 19:32

Numbers 6:24-26 Numbers 23:19



Deuteronomy 6:4-10 Deuteronomy 31:8

Joshua 1:5-9 Joshua 24:15

Judges 5:3

Ruth 1:16

1 Samuel 16:7 1 Samuel 17:45-47

2 Samuel 6:14, 22:1-20

1 Kings 8:27-30

2 Kings 19:27

1 Chronicles 16:24-34

2 Chronicles 7:14

Ezra 3:10-11b

Nehemiah 6:9c

Esther 4:8-14

Job 11:7-12



Psalm 19:14

Psalm 23:1

Psalm 27:1

Psalm 29:11

Psalm 73:26

Psalm 127:3

Psalm 150

Proverbs 5:18-20

Proverbs 11:11-12

Proverbs 11:13

Proverbs 12:22

Proverbs 13:11

Proverbs 13:24

Proverbs 17:27

Proverbs 12:18

Proverbs 12:25

Proverbs 13:20

Proverbs 14:29

Proverbs 17:9

Proverbs 18:13

Proverbs 20:19

Proverbs 22:6

Proverbs 31:10-11

Ecclesiastes 4:9-12

Ecclesiastes 5:10

Ecclesiastes 7:8-9

Song of Solomon 7:10-12

**Amos 3:3** 

